

PRESS BOOK

VITAL BREATH



Silent Screams

new album

2024

ABOUT VITAL BREATH



VITAL BREATH, was formed in 2011. They are 4 experienced and passionate musicians, who propose an original style «Hybrid Modern Rock», mixing various influences rock, pop and metal.

With two albums on the clock and numerous dates in France, Belgium and Switzerland, the group is in the process of producing its 3^o album

For their third album, “Silent Screams”, which will be released in 2024, Vital Breath has chosen self-production. Thus, the group regains its artistic freedom and the time to do things well, time finally, to catch its vital breath. The compositions are still as melodic and even more effective. The arrival of his new guitarist, Nico, also brought fresh air to the band.

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PRESS REVIEW



Metallian n°103 (France):

At the crossroads of formations as varied as Disturbed, Dream Theater, Alice in chains or Alter Bridge, Vital Breath evolves in a style not yet very popular in France, which makes us say that they are innovative! I can only advise you experience of this combo that dares the difference. ^a

Powerplay (UK):

Their modern metal brand adds progressive and hard rock elements. Angels of light shows that the quartet is made of highly accomplished musicians. ^a

Batterie Magazine n°149 (France):

Vital Breath spends the second with Angels of light, a fresh and stunning album that may satisfy fans of fat riffs and catchy choruses. In addition to the instrumental striking force, the great strength of Vital Breath is unquestionably those heroic and catchy melodies that scratch the cortex and give a furious desire to listen to these angels of light again and again! ^a

Callesrockcorner webzine (Denmark):

Their songs seriously kick ass. Naïve is a really cool ride. A song could be slammed on the radio, and could be a hit with its captivating melody. ^a

Hellfire Magazin (Germany):

Just to say that Vital Breath only plays alternative rock is in somewhat too reductive. After all, the French quartet knows create his own style through various stylistic elements, including Prog, Modern Metal and Pop. The opening The Trust^a has its center of interest in melodic rock. Catchy guitar sound knows how to impress immediately and at the latest the catchy refrain, the singer's remarkable voice, something rough rock developed a certain fascination.



Jérôme Ponsolle

LEAD SINGER/GUITARIST
SONGWRITER

I have been performing on stage since 1995 with different bands (compositions and pop-rock covers). I then joined bands like Gingko (French Pop rock). Vital Breath is my first project completely completed with motivated musicians and motivating!



Nicolas Gaillard

GUITARIST/SINGER

I've always played the guitar and I've always wanted to make it my profession, that's why I did Nancy's MAI. I played in many metal rock bands (Highstream...) before joining Vital Breath in which I thrive both on guitar and voice.



Chris Blanc-Tailleur

BASS GUITAR/SINGER

I have been in the music world for a long time. I have collaborated with artists in very varied spheres: from jazz to metal, through hip-hop, song. This eclecticism, combined with my stage and studio experience, naturally led to my professionalization.



François Brisk

DRUMMER /SINGER

After training at MAI Nancy in 1995, I became a professional drummer. I then gained notoriety in several bands including Dyslesia (melodic power speed metal), Virus IV and Sortilège. I toured with big names (Iron Maiden, Helloween, Gamma Ray, Vanden Plas, Symphony X, Firewind ...) and shared scenes with bands like Scorpions, Evergrey, Pagans Minds...

GROUP MEMBERS

CONTACTS



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